

PAINTING WITH WORDS

You can find all of these in an office supply store:

[Composition book with Graph paper](#)

[Papermate pencil](#) (or mechanical pencil)

[Gray kneaded rubber eraser](#)

[Glue stick](#): You want to use a glue stick for prepping the journal pages so the paper doesn't buckle

My all around favorite pens are the [uniball pens](#). If you have a shaky hand, then the thicker pens ([bold point](#)) are more forgiving. I like to use the thicker pens for the initial work and the thinner ones (micro point) for the final outlines. You are super thrifty you can buy refills for these pens.

[Tracing Paper](#):

[Transparency Paper](#):

More art stuff

- [Matte Medium](#)
- [Acrylic Glazing Medium](#)
- [Clear Gesso](#)
- [Golden's Absorbent Ground](#)
- [White Gesso](#).
- [Matte acrylic spray to finish](#)
- Acrylic paint
- [cheap nylon paint brushes](#)
- [heat gun](#) (to speed drying time of mediums/paints)
- [stencils](#): check out Stampington.com, StencilGirl
- [Rub-ons](#): this is a completely optional embellishment... look for them on Amazon, ebay or the FlyingUnicorn.com
- [cosmetic sponges](#)
- Decorative [Printed Napkins](#), or printed tissue paper ([Tim Holtz Tissue VWrap](#))



PAINTING WITH WORDS

- [Black Sharpie](#)
- [Washi Tape](#): Find them on Amazon, also they carry these in stationary stores, craft stores and even office supply stores. Other places to look for washi tape is on etsy, Stampington.com and also ScarlettLime.com

Markers I use and love: (no need to buy it all)

- Sharpie paint markers 1) [pastel set](#) 2) [metallic set](#)
- [Posca](#)
- [Kirarina](#)
- [Faber-Castell Big Brush Pens \(India Ink\)](#)
- [Watercolor markers](#)
- [LetraSet neon markers](#)

Do you struggle to come up with new styles of lettering? Do you know which type of letters will look right for the art being created?

Would you like sources for great things to letter? A list of where you go to find great poems, popular sayings that are not completely over used? Would you like to come up with inspirational mantras yourself that will help you find inner peace and happiness?

If your normal writing leaves you disappointed and you have to struggle to make any lettering look better than a 3 year old did it, then I can show you how to transform your own handwriting into something creative and artistic

Are you interested in learning how to add lettering to your art? Even if you don't use art journaling in your practice, creating a lettering journal will help you get better at your creative lettering techniques.

I hope you enjoyed this free series and you got inspired and learned lots. Imagine how much more you will learn if you continue on this journey

